



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

What is the Great American Smokeout?

Great American Smokeout

The **Great American Smokeout** is an annual, **national event** that takes place in the third week of November. This year, the Great American Smokeout falls on November 21st. Smokers and commercial tobacco users are encouraged to **designate November 21st** as their planned day to **stop smoking or using commercial tobacco**.



Currently, there are more than **32 million Americans** who still smoke cigarettes, and **smoking remains the single largest preventable death and illness in the world** (American Cancer Society, 2017). Groups such as those who have less education, low socioeconomic status, minority, and lesbians, gays, and bisexuals suffer more from smoking related cancer and diseases (ACS, 2017).

For more information, please [click here](#)

Native American Heritage Month

November is Native American Heritage Month:

In honor of National Native American Heritage Month please [click here](#) for more information



about the Library of Congress, National Archives and Records Administration, and Smithsonian Institution in their efforts to educate more about the rich history of Native American Heritage.

Funding Opportunity

Enhancing Capacity of Tribes to Support Smoking Cessation

The Albuquerque Area Southwest Tribal Epidemiology Center is requesting applications for Enhancing Capacity of Tribes to Support Smoking Cessation FY 2020 Tribal Sub - Award.

The overall goal of this program is to implement strategies to increase quitting and quit attempts with an emphasis on using media strategies to promote evidence-based cessation services among American Indian population in the IHS Albuquerque Area.



Application Deadline: **Friday, November 22, 2019**

For more information, please contact [Janna Vallo](#).

Upcoming Events

Great American Smoke Out "Keep our Air Clean"

Indian Health Service - Albuquerque Area Office

IHS and Running Medicine will be hosting a **walk/ run for wellness event** in honor of the **Great American Smoke Out**, this will be on **Thursday, November 21st, at 12:00pm**.

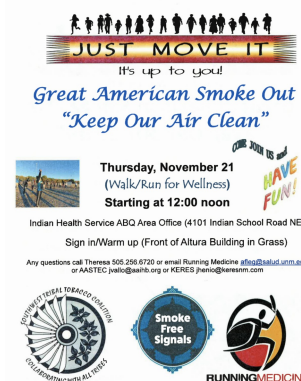
Location: IHS ABQ Area Office (4101 Indian School Road NE)
Sign in and Warm up (Front of Altura Building in Grass)

For flyer please [click here](#)

For more information please contact [Theresa Clay](#) or [Anthony](#) (Running Medicine)

NB3 Fit Community XC Race Santa Ana Golf Club | Santa Ana Pueblo

The NB3 Foundation will be hosting a **NB3 Fit Community 5K, 3K Kids, and FUN 1K Race** on



Sunday, November 10, 2019 at the Santa Ana Golf Club in Santa Ana Pueblo.

Race Start: 9:00am

Registration (includes NB3 Fit T-Shirt & Health Fair Refreshments):

- \$15 Youth (anytime)
- \$30 Early Bird
- \$50 Day of Race

For more information, please [click here](#).

General Members Meeting **New Mexico Allied Council on Tobacco**



[NM ACT](#) will be hosting its **General Members Meeting** on **Wednesday, November 20, 2019**, from 10:00am - 12:00pm.

For more information, please contact [Lesley Meyer](#).

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

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