



Sustainability

Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family, Responsibility to Community, Humility, Health, Love, Community, Empowerment,

Meet this week's Health Educator

Monica Patten

Monica Patten lives in Albuquerque, New Mexico, and her family is from Laguna Pueblo (Village Paguate). For the past eight years, she has worked as a Northeast Region Health Educator for the NM Department of Health's (DOH) Tobacco Use Prevention and Control Program (TUPAC). Monica has about 20 years' experience in tobacco control. Monica received her Master of Science degree in Health Education from the University of New Mexico.



Monica currently monitors some of the Native American-focused contracts for the TUPAC Program, has been a long-time member of the Southwest Tribal Tobacco Coalition, and supports other Native American efforts within DOH. She provides technical assistance and training on tobacco-related topics for the northeastern New Mexico region, including:

- 1-800-QUIT NOW Cessation Services
- QUIT NOW Promotional Materials
- Referral to Cessation Services: Online Training for Health Professional and NM Health System Change Training
- Smoke Free Home Environments: AreYouDoingEnoughNM?

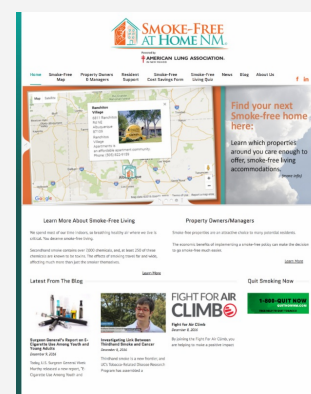
You can contact Monica Patten [here](#) or by calling (505) 841-5844.

Tobacco Cessation Resource

Smoke Free at Home NM

The Smoke Free at Home NM website offers a map of certified smoke free housing, resident education and presentations, and property owner and manager information for creating smoke free properties. The program provides education and resources to support policy adoption, implementation, and enforcement.

View the website [here](#).



Community Success

Navajo Nation Chapters Take Steps to Protect the Community

Oso Vista Ranch Project is an eleven-year old non-profit corporation which provides commercial tobacco prevention outreach, education and secondhand smoke protection policy support to Diné communities. With Crownpoint Chapter leading the way, Oso Vista has helped 46 Chapter communities pass resolutions to protect non-smokers from secondhand smoke in public and work places.



In addition, Oso Vista has helped five Navajo Nation Chapters (Baahaali, Tohatchi, Mexican Springs, Red Rock and Mariano Lake) pass resolutions to extend secondhand smoke protections to community homes. Supported by a grassroots education effort funded by the New Mexico Department of Health Tobacco Use Prevention and Control (TUPAC) program, these communities reviewed the mounting evidence that secondhand smoke is deadly and voted in favor of keeping community homes commercial tobacco smoke free.

Event Calendar

What's going on in the community.

Please join us for a great day of learning and networking at the **4th Annual Go Red for Native Women Heart Health Summit - "Drum to the Beat of a Healthy Heart."**



Friday, February 3, 2017 from 8:00 AM to 1:00 PM at the Albuquerque Convention Center.

Go Red for Women is a national campaign started by the American Heart Association designed to raise women's awareness that heart disease is their number one health risk.

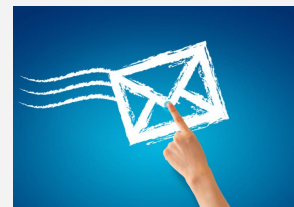
Please [RSVP here](#).

Click [here](#) to see the full event calendar. If you have an event in your area that you would like to add to our calendar, please share it with us [here](#).

What now?

Moving Forward.

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics, and successes.

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