

SMOKE FREE SIGNALS NEWSLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, June 25, 2021



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIMONTHLY NEWSLETTER

Smoke Free Signals would like to welcome you to our June bimonthly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

HIGHLIGHTS

2 Commercial Tobacco and the Environment

3 Would You Like Tribal Casinos To Remain Smokefree?

4 **FREE RESOURCES!**

Tobacco and the Environment

With the production of cigarettes and e-cigarettes everyday there is an overwhelming amount of daily waste. Smoking and vaping are not only bad for your health, but it is destructive to the environment. Nearly a million tons of cigarette butts make their way to beaches, parks, hiking trails, lakes, sidewalks, etc. Due to e-cigarettes containing toxic chemicals, heavy metals, and nicotine residue it becomes a toxic waste. Cartridges and pods have increasingly been discarded on the streets which eventually mix with water runoff and leaf litter. Overtime, this toxic waste will break into microplastics and chemicals which will pollute water ways and endanger wildlife.

To end this cycle of environmental destruction by tobacco waste, join [The Truth](#) and [Use your Voice](#) campaign to take a stand urging influential environmental organizations to reject Big Tobacco and Vape funding. Also, once you join the campaign you will receive a Truth cleanup toolkit to host a cleanup in your community. [CLICK HERE](#) to sign petition and make a difference in your community.

FACTS:

- ◆ Cigarette butts contain hazardous substances including arsenic, lead, nicotine, and ethyl phenol.
- ◆ E-cigarette waste cannot biodegrade.
- ◆ Currently, there's no standardized way to recycle e-cigarettes in the U.S.
- ◆ Cigarette butts are the second most littered item on the globe – more than 750,00 tons of them end up in the environment each year.



For more information visit:

<https://www.thetruth.com/take-action/petition/the-environment-petition>

Would You Like Tribal Casinos To Remain Smokefree?

Over the past several days, dozens of Tribal casinos across the United States have begun rolling back COVID-19 restrictions, including long-awaited smokefree indoor air ordinances. The [American Nonsmokers' Rights Foundation \(ANR\)](#) is urging the National Congress of American Indians to make an immediate statement in support of smokefree air so that additional Tribal casinos will not revert back to allowing smoking on the gaming floors or in hotels. Show your support to keep Tribal casinos smokefree by signing the ANR petition below.

[SIGN PETITION NOW](#)

To learn more about the benefits of opening 100% smokefree, [CLICK HERE](#).



For more information about Smokefree Casinos visit:
<https://smokefreecasinos.org>

FREE Resources

HIGHLIGHT: Smoke Free Signals Education Videos

The next video of the Secondhand Smoke and Tobacco Education Video Series, *INSPIRE*, will be published TODAY on the Smoke Free Signals website and Facebook page. Stay tuned every Friday, as a new video will be released for your learning and enjoyment experience.

The educational video series can be viewed on the Smoke Free Signals [WEBSITE](#) or Facebook Page [@SmokeFreeSignals](#).



To watch Smoke Free Signals' Education Video visit:
<https://www.smokefreesignals.com/education-videos>

PRESENTATION: Strategic Policy Development

Smoke Free Signals would like to announce the publication of the 2021 Strategic Policy Development: Secondhand Smoke & Secondhand Aerosol Protections presentation. Supported by the [New Mexico Department of Health Tobacco Use Prevention and Control](#) Program, this presentation shares topics about the danger of commercial tobacco, benefits of having a smokefree environment, and policy development in tribal communities. The presentation can be viewed on the Smoke Free Signals [WEBSITE](#).



To watch Strategic Policy Development Presentation visit:
<https://www.smokefreesignals.com/presentations>

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at SmokeFreeSignals@gmail.com



**This is a
Smoke-Free and
Vape-Free Vehicle**



**This is a
Smoke-Free and
Vape-Free Home**

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook [**@Smoke Free Signals!**](https://www.facebook.com/SmokeFreeSignals)

If you would like to unsubscribe from the Smoke Free Signals' bimonthly newsletter, please email JConcho@keresnm.com to be removed from the listserv directory.

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com