SMOKE FREE SIGNALS ENASLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, April 2, 2021



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIMONTHLY NEWSLETTER

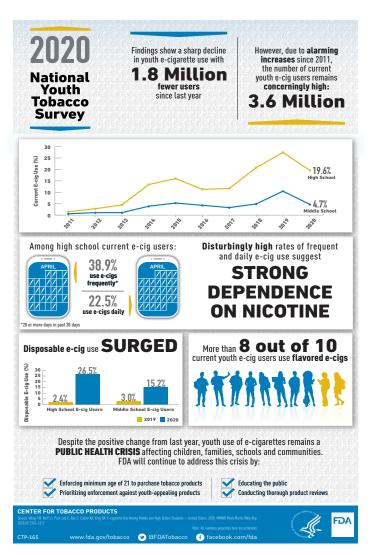
Smoke Free Signals would like to welcome you to our April bimonthly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

HIGHLIGHTS

- Youth Tobacco Use: Results From The National Youth Tobacco Survey
- **3** Sample Customer Survey Tool For Casinos
- 4 FREE RESOURCES!

Youth Tobacco Use: Results From The National Youth Tobacco Survey

According to the U.S. Food and Drug Administration, there is an estimated 1.73 million fewer youth using tobacco products in 2020 than in 2019. Although the data collected shows a decline in the amount of users, there has been a sharp increase in the amount of disposable e-cigarette use among youth. Additionally, 8 out of 10 youth e-cigarette users reported using flavored products. With nearly a quarter of youth using e-cigarettes, data suggests there is a likelihood of nicotine addiction. For the full survey report <u>CLICK HERE</u>.





Morbidity and Mortality Weekly Report December 18, 2020

Tobacco Product Use Among Middle and High School Students — United States, 2020

Andrea S. Gentzke, PhD1; Teresa W. Wang, PhD1; Ahmed Jamal, MBBS1; Eunice Park-Lee, PhD2; Chunfeng Ren, PhD2; Karen A. Cullen, PhD2; Linda Neff, PhD1

Tobacco use is the leading cause of preventable disease and death in the United States; nearly all tobacco product use begins during youth and young adulthood (1,2). CDC and the Food and Drug Administration (FDA) analyzed data from the 2019 and 2020 National Youth Tobacco Surveys (NYTS) to determine changes in the current (past 30-day) use of seven tobacco products among U.S. middle (grades 6–8) and high (grades 9–12) school students. In 2020, current use of any tobacco product was reported by 16.2% (4.47 million) of all students, including 23.6% (3.65 million) of high school and 6.7% (800,000) of middle school students of nign school and 6.7% (800000) of micale school students. Electronic cigarettes (e-cigarettes) were the most commonly used tobacco product among high school (19.6%; 3.02 million) and middle school (4.7%; 550,000) students. From 2019 to 2020, decreases in current use of any tobacco product, any combustible tobacco product, multiple tobacco products, e-cigarettes, cigars and smokeless tobacco occurred among high school and middle school students; these declines resulted in an estimated 1.73 million fewer current youth tobacco product users in 2020 than in 2019 (6.20 million) (3). From 2019 to 2020, no significant change occurred in the use of cigarettes, hookahs, pipe tobacco, or heated tobacco products. The comprehensive and sustained implementation of evidence-based tobacco control strategies at the national state, and local levels, combined with tobacco product regulation by FDA, is warranted to help sustain this progress and to prevent and reduce all forms of tobacco product use among U.S. youths (1,2).

NYTS is a cross-sectional, voluntary, school-based, self-

administered electronic survey of U.S. middle and high school students. A stratified three-stage cluster sampling procedure generated a nationally representative sample of U.S. students attending public and private schools in grades 6–12. Participants complete the survey in classrooms using a tablet computer.* In

*The survey was programmed using an application that did not require Interne access for use. Eligible students who were absent on the day of survey administration could participate in the NYTS using a web-based make-up survey

- 1889 Surveillance for Harmful Algal Bloom Events and Associated Human and Animal Illnesses One Health Harmful Algal Bloom System, United States, 2016-2018
- COVID-19 Pandemic United States, June 5-October 2, 2020
- 1902 Telehealth Practice Among Health Centers During the COVID-19 Pandemic - United States, July 11-17, 2020 1906 Factors That Might Affect SARS-CoV-2 Transmission
- Among Foreign-Born and U.S.-Born Poultry Facility Workers - Maryland, May 2020
- Update to CDC's Treatment Guidelines for Gonococcal Infection, 2020
- 1917 Estimated Resource Costs for Implementation of CDC's Recommended COVID-19 Mitigation Strategies in Pre-Kindergarten through Grade 12 Public Schools — United States, 2020-21 School Year
- 1922 The Advisory Committee on Immunization Practices' Interim Recommendation for Use of Pfizer-BioNTech COVID-19 Vaccine - United States, December 2020
- 1925 Factors Associated with Positive SARS-CoV-2 Test Results in Outpatient Health Facilities and Results in Outpatient Health Facilities and Emergency Departments Among Children and Adolescents Aged < 18 Years — Mississippi, September–November 2020
- 1931 QuickStats

Continuing Education examination available at https://www.cdc.gov/mmwr/mmwr continuingEducation.html



U.S. Department of Health and Human Services

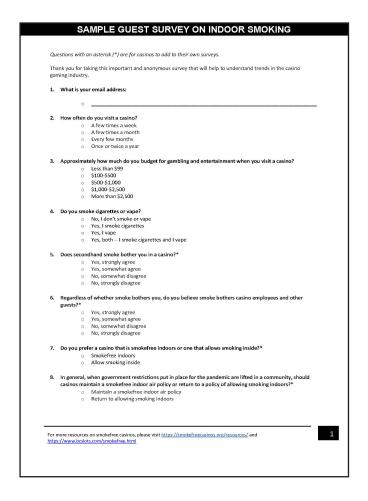
To Learn More About Tobacco Product Use Among Middle and High School Students CLICK HERE.

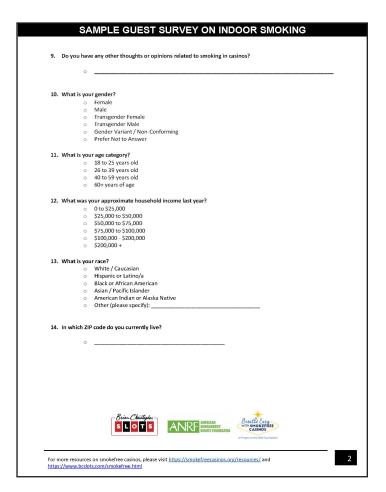
For more information visit:

https://www.fda.gov/tobacco-products/youth-and-tobacco/youth-tobacco-use-results-national-youth-tobacco-survey

Sample Customer Survey Tool For Casinos

In the midst of a global pandemic, many casinos across the country are now shifting their businesses to smokefree venues. Due to the current health concern, casinos are taking the extra step to ensure the safety and well-being for all customers and staff. In partnership with *BCSLOTS*, the *American Nonsmokers' Rights Foundation* developed a survey tool for casinos to offer their customers. This survey allows customers to share their smoking preferences and gives businesses the opportunity to improve casino policies. <u>CLICK HERE</u> to access survey sample.





For more information visit:

https://no-smoke.org/new-sample-customer-survey-tool/

FREE Resources

HIGHLIGHT: Smoke Free Signals Education Videos

Smoke Free Signals would like to announce the Secondhand Smoke and Tobacco Education Video Series. The ninth video of the series, *Predatory Marketing*, will be published TODAY on the Smoke Free Signals' website and Facebook page. Stay tuned every Friday, as a new video will be released for your learning and enjoyment experience.

Smoke Free Signals' Education videos can be viewed on the Smoke Free Signals <u>WEBSITE</u> or Facebook Page <u>@SmokeFreeSignals</u>.



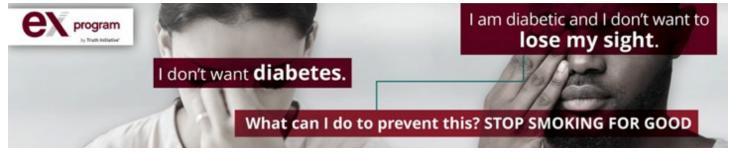
To watch Smoke Free Signals' Education Video visit:

https://www.smokefreesignals.com/education-videos

Tailored Support For Smoking and Diabetes

It's essential for those with diabetes to have the tools to quit commercial tobacco. Join the EX Program today and gain the confidence to live a smokefree life! The <u>EX Program</u> includes:

- ♦ Text messaging content for tobacco users with diabetes.
- ♦ EX coaches who are trained on chronic conditions and smoking.
- ♦ Expert content on diabetes and tobacco use to guide decision making.
- ♦ Peer support through an active online community.



For more information visit:

https://www.theexprogram.com/resources/blog/diabetes-and-smoking-cigarettes-a-risky-combination/?utm_source=Truth+Initiative+-Mailing+List&utm_campaign=17e5325739-&utm_medium=email&utm_term=0_c91fd8a5c5-17e5325739-86487211_

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at **SmokeFreeSignals@gmail.com**



This is a Smoke-Free and Vape-Free Vehicle



This is a Smoke-Free and Vape-Free Home

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook @Smoke Free Signals!

If you would like to unsubscribe from the Smoke Free Signals' bimonthly newsletter, please email <u>JConcho@keresnm.com</u> to be removed from the listserv directory.