November 9, 2018



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

Update: Tobacco Control In NM Tribal Communities

IHS and AASTEC

Both Indian Health Service Health Promotion Disease Prevention (IHS HPDP) and Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) have kept busy this past fiscal year. Smoke Free Signals spoke with Theresa Clay of IHS and Janna Vallo from AASTEC.



Together, Theresa and Janna have trained 40 people in the last year for the Basic Tobacco Intervention Skills in Tribal Communities (BTIS). This training is culturally tailored to distinguish between the use of traditional and commercial tobacco in Native American communities and emphasize evidence-based techniques to increase the rates of successful interventions resulting in the cessation of commercial tobacco use.

The duo also offers an instructor training where attendees can learn to be BTIS trainers themselves and extend the reach of commercial tobacco intervention statewide. Upcoming trainings include:

- January 16, 2019 BTIS for veterans
- March 5, 2019 BTIS
- March 6, 2019 Instructor training for BTIS
 - All trainings are from 8 am to 5 pm at Albuquerque Area Indian Health Board, 7001 Prospect Place NE, Albuquerque, NM 87110.

Are you looking for more opportunities to get involved and grow your tobacco control knowledge? Consider attending the next Southwest Tribal Tobacco Coalition meeting on February 20-21 in Santa Fe, NM. Email for more details.

Tobacco in the News

FDA plans curbs on e-cigarette sales over concerns about surge in teen vaping

The <u>Food and Drug Administration</u> is planning to crack down on sales of flavored e-cigarette products, claiming they are highly addictive and have become hugely popular with minors. The FDA said it could take action as soon as next week.



In September, the FDA set a 60-day deadline for several major e-cigarette companies to prove they could keep these e-cigarettes away from kids. One of those companies, Juul, holds more than 70 percent of the e-cigarette market share overall, and has become overwhelmingly popular with minors.

Experts say these flavored products, like mango and fruit, particularly appeal to young people. Now, FDA Commissioner

Scott Gottlieb plans to ban sales of most flavored e-cigarettes in two places: convenience stores and gas stations.

The restriction would reportedly not apply to mint flavors because menthol cigarettes are sold. He's also considering online restrictions, including having age-verification requirements for those sales.

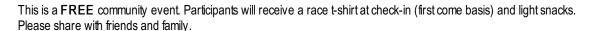
Advocacy groups looking to protect teens said that they are pleased to see what they call "first steps" from the FDA, but also pointed out that this move will not affect mint flavor, at least for now, and they worry kids may just switch over to that

Event Calendar

Move Your Feeties For Diabetes: 5k Wellness Run/Walk

Join us for Diabetes Awareness Month Saturday, November 17th

Location: Netherwood Park - 2613 Morrow Road, Albuquerque, NM



Questions may be directed to Tee Benally - FNCH Diabetes Department at <u>tia.benally@fnch.org</u> or 505-262-6529.

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters <u>here.</u> Sign up to receive future newsletters <u>here.</u>

Smoke Free Signals | 505-837-2104 | smokefreesignals@gmail.com| www.SmokeFreeSignals.com

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