

N SMOKE FREE SIGNALS NEWSLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, July 23, 2021



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIWEEKLY NEWSLETTER

Smoke Free Signals would like to welcome you to our July biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

HIGHLIGHTS

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Outbreak of Lung Injury Associated with the Use of E-Cigarette or Vaping Products

3

Air Is Life – Every Breath Is Sacred Petition

4

FREE RESOURCES!

Though discussion of EVALI has died down in most news outlets, health care providers, parents, and caretakers should still be aware of smoking/vaping history in 2021. A [Stanford University School of Medicine](#) study found that those who vape are five to seven times more likely to be infected with COVID-10 than those who do not use e-cigarettes.

EVALI Symptoms:

- Number of Hospitalized EVALI Cases or Deaths Reported to CDC as of February 18, 2020
-
- Legend
- Number of hospitalized EVALI cases or deaths per state
- 0 cases
 - 1-9 cases
 - 10-49 cases
 - 50-99 cases
 - 100-149 cases
 - 150-199 cases
 - 200-249 cases
- Territories
- CDC

<https://www.drugwatch.com/e-cigarettes/how-to-quit-vaping/>

Air Is Life – Every Breath Is Sacred

The [Air is Life Coalition](#) will be proposing the Navajo Nation Níłch' éí Bee Ííná –Air is Life Act of 2021 to the 24th Navajo Nation Council. This Act will make Navajo Nation 100% smoke-free within workplaces and public places in the Navajo Nation – which includes Navajo Gaming Casinos. Let us protect the health of all Navajo people, workers, and visitors! Sign the Air is Life Act of 2021 petition in support of this important public health policy for the Navajo Nation.



Sign the Air Is Life Petition at:

<https://no-smoke.salsalabs.org/airislife2021/index.html>

FREE Resources

HIGHLIGHT: Smoke Free Signals Education Videos

The next video of the Secondhand Smoke and Tobacco Education Video Series, *How To Protect Our Children From Secondhand Smoke*, will be published TODAY on the Smoke Free Signals website and Facebook page. Stay tuned every Friday, as a new video will be released for your learning and enjoyment experience.

The educational video series can be viewed on the Smoke Free Signals [WEBSITE](https://www.smokefreesignals.com) or Facebook Page [@SmokeFreeSignals](https://www.facebook.com/SmokeFreeSignals).



HOW TO PROTECT OUR CHILDREN FROM SECONDHAND SMOKE

To watch Smoke Free Signals' Education Video visit:
<https://www.smokefreesignals.com/education-videos>

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at SmokeFreeSignals@gmail.com



**This is a
Smoke-Free and
Vape-Free Vehicle**



**This is a
Smoke-Free and
Vape-Free Home**

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook [**@Smoke Free Signals!**](https://www.facebook.com/SmokeFreeSignals)

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