# SMOKE FREE SIGNALS ENALS ENALS

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Wednesday, December 23, 2020



#### MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITES, IMPROVING HEALTH OUTCOMES

## WELCOME TO OUR BIWEEKLY NEWSLETTER

As we begin this winter season, Smoke Free Signals would like to welcome you to our December biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

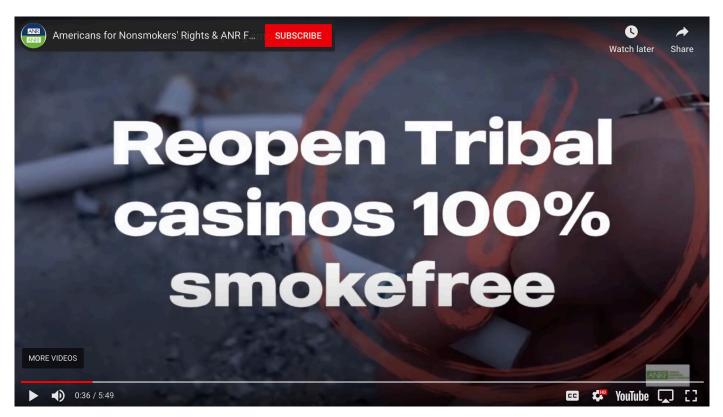
## HIGHLIGHTS

- Health Benefits of Tribal Casinos Going Smoke-free
- Inequality, Mass Incarceration, and Social Justice for Native Americans
- 5 FREE RESOURCES!

### Health Benefits of Tribal Casinos Going Smoke-free

When the coronavirus pandemic concludes, people's perspective of health will likely be entirely different. The world that everyone once knew is evolving and now serves as an opportunity for prevention. With many Tribal casinos currently closed due to COVID-19, it's essential that casinos think about the health of their patrons and employees. For decades, secondhand smoke exposure in casinos have impacted tribal members, guest patrons, and casino employees. Many tribal employees agree that working in a smoke-free environment boost work productivity and allows them to breathe better. This is an opportunity for tribal casinos to shift with the current changing world and transition to 100% smoke-free.

Watch this video to learn more about the health benefits of reopening casinos 100% smoke-free. The time begins now for a heathy future for patrons, employees, and business owners. To watch video, CLICK HERE.



For more information visit:

https://no-smoke.org/health-benefits-tribal-casinos-going-smokefree/

#### **Podcast Opportunity:**

#### Inequality, Mass Incarceration, and Social Justice for Native Americans

The current pandemic that has swept through many parts of the country has spotlighted many issues and health disparities within tribal communities. With little recognition of tribal concerns during COVID-19, tribes struggled to feed their communities, provide technical support for home school learning, and serve direct health care for rural tribal members. Join Pulitzer Prize winning journalist, Nicholas Kristof, and Johns Hopkins Center for American Health Director, Allison Barlow, voice current problems in tribal communities with host, Billy Shore. This podcast will share insights about poverty, education, and social justice in Native American communities. To listen to podcast, CLICK HERE.



For more information, visit:

https://www.shareourstrength.org/podcast/resilience-in-native-american-communities-during-the-covid-19-pandemic

## Message from Smoke Free Signals

As you continue to prevent secondhand smoke exposure, Smoke Free Signals would like to wish you Happy Holidays! Continue to protect yourself and loved ones from the dangers of secondhand smoke. Wash your hands and wear mask as we continue to fight COVID-19! Be safe and see you next year!

# FREE Resources

#### **FREE Window Decals**

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at **SmokeFreeSignals@gmail.com** 



This is a Smoke-Free and Vape-Free Vehicle



This is a Smoke-Free and Vape-Free Home

## FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook @Smoke Free Signals!

If you would like to unsubscribe from the Smoke Free Signals' biweekly newsletter, please email <u>JConcho@keresnm.com</u> to be removed from the listsery directory.