December 10, 2019



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

Community Health Leadership Program

Annually, Smoke Free Signals offers numerous \$2,500 mini-grants for individuals or organizations aiming to create a change in their community with a focus on commercial tobacco prevention and policy. The 2019 - 2020 Community Health Leadership Program had the great pleasure of welcoming a total of ten community health champions! The communities being served through the program include the Pueblos of Acoma, Jemez, Picuris, Pojoaque, Taos, and Zia, as well as Navajo Nation Chapters of Nataanii, To'hajiilee, and Twin Lakes. This group will continue to educate communities, tribal enterprises, leadership, and provide trainings for health professionals, and pursue commercial tobacco policy within communities.



COMMUNITY HEALTH LEADERS





Follow this group on **facebook** to stay tuned with their successes!

Native America Calling - Radio Show

Great American Smokeout Commercial tobacco: smoking your last cigarette

Native America Calling radio network hosted an event, Commercial tobacco: smoking your last cigarette on Thursday, November 21, 2019. The theme of this nationwide radio show was to discuss the importance and difficulty of smoking cessation. Smoke Free Signals team member, Jovian Henio, joined by Dr. Patricia Nez-Henderson,



Jennifer Folkenroth, and Tammi Meissner took turns talking about the effects commercial tobacco poses on communities, and their program's education and awareness resources available. In addition, participants informed listeners electronic cigarettes are not a form of nicotine replacement therapy.

To listen to the full radio show please <u>click here</u>.

Upcoming Events

General Members Meeting

New Mexico Allied Council on Tobacco



NM ACT will be hosting its General Members Meeting on Wednesday, December 18th from 12:00pm - 2:00pm in Las Cruces, NM.

For more information, please contact <u>Lesley Meyer</u>.

Southwest Tribal Tobacco Coalition & American Cancer Society Cancer Action Network

Albuquerque Area Indian Health Board

The Southwest Tribal Tobacco Coalition and American Cancer Society Cancer Action Network will be hosting a meeting on Thursday, December 19, 2019 from 1:00pm - 4:00pm at the Albuquerque Area Indian Health Board. This event will be a focus on A Review of Tobacco Legislative Bills for 2020.



To register, please email <u>Janna Vallo</u>.

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!

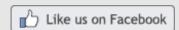


This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters <u>here.</u> Sign up to receive future newsletters <u>here.</u>

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

STAY CONNECTED:



Follow us on twitter