

Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family, Responsibility to Community, Humility, Health, Love, Community, Empowerment,

Meet this Week's Outreach Coordinator Patricia Torn

A staunch ally in the battle against smoke, Patricia has been on the forefront assisting hundreds with smoking cessation support programs. Patricia's passion stems from her own personal

tragedies suffered by the direct result of secondhand smoke. She has lived in apartments for the past 40 years and personally understands what non-smoking tenants are exposed to.



- Cessation support for residents
- Impact of secondhand and thirdhand smoke
- Thinking About Quitting program
- Secondhand smoke workshop

You can contact Patricia by email or by calling (505) 265-0732.

Tobacco Cessation Resource

Healthy Homes Manual: Smoke-free policies in multiunit housing

This manual is designed for programs that are working to reduce secondhand smoke exposure. The manual includes strategies, recommendations, best practices and tools.

View this toolkit here.



Tobacco in the News

HUD instituting smoke free public housing

On November 30, 2016, U.S. Housing and Urban Development (HUD) Secretary Julián Castro announced that public housing developments in the U.S. will be required to provide a smoke-free environment for their residents. The final rule includes input from more than



1,000 comments received from the public, including Public Housing Agencies (PHAs), housing and public health organizations, and tenants.

The final rule will:

- Require more than 3,100 public housing agencies to implement smokefree policies within 18 months of the final rule being adopted.
- Prohibit the use of cigarettes, cigars, pipes, and hookah (waterpipes) in all living units, indoor common areas and administrative offices.
- Prohibit the use of tobacco products covered by the policy in outdoor areas within 25 ft. from buildings.
- Allow for further restrictions (e.g., buffer around playgrounds, restrict smoking to designated outdoor areas, property-wide smoke-free policy).
- Apply to all housing types, including single family units. * Require PHAs to document their smoke-free policies in their PHA plans, a process that requires resident engagement and public meetings.
- Help improve the health of more than 2 million public housing residents, including 760,000 children.
- Save an estimated \$153 million every year in costs from secondhand smoke attributable healthcare, repairs of smoke-permitted units and smoking attributable fires.
- Impact the more than 940,000 units that are currently not smoke-free, including more than 500,000 units inhabited by elderly individuals.

Read the final rule here.

If you would like assistance in transitioning your public housing to smoke-free housing, or help with tobacco cessation, please <u>contact us here</u>.

Event Calendar

What's going on in the community.

The next NMACT meeting is Tuesday, December 13th from 10:00 AM to 12:00 PM at the American Lung Association of New Mexico - 5911 Jefferson NE Albuquerque, NM 87109.

NMACT is a state-wide coalition formed by a group of concerned community members and business professionals who care about the impact of tobacco use in our communities.



Click <u>here</u> to see the full event calendar. If you have an event in your area that you would like to add to our calendar, please share it with us <u>here</u>.

What now?

Moving Forward.

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news,

events, topics, and successes.

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